

Part IV: Exhibit

G. Sample of marking guide

Assessment Form for Senior Project Exam Committee

Researchers 1) Student ID 2) Student ID

3) Student ID 4) Student ID

5) Student ID

Curriculum mapping	Topics for evaluation	>80% (5 points)	61-80% (4 points)	41-60% (3 points)	21-40% (2 points)	<20% (1 point)	Total score
Knowledge	1. Identify the background and importance of the problem in conducting research correctly and clearly.					/35
	2. Identify the research objectives correctly And in accordance with research problem.						
	3. There is an accuracy of the population, sample, research design, instruments, and data collection procedures methods.						
	4. Choose statistics to analyze data correctly.						
	5. Discuss the results of the research correctly and comprehensively showing the relationships of the independent variables and the dependent variables.						
	6. Conclude the research results correctly and in accordance with research objectives.						
	7. Have basic knowledge of the theories related to the research that is conducted.						
Intellectual skills	8. Analyze and answer questions correctly (according to the principles of sports and exercise science).					/20
	9. Research results can be used as recommendations or applied for improvement / problem solving / professional development.						
	10. There are references of the sources of information and / or illustrations.						
	11. Dressing hairstyles are proper (wearing a student's uniform, Court Shoes and men not wearing earrings).						
Numerical analysis skills, communication and	12 report research results and statistical analysis results correctly.						
	13. Present all stages of the research conduction and communicate using language that is easy to understand and follow.						
	14. Speaking and writing are accurate and clear (both Thai and English).						

Curriculum mapping	Topics for evaluation	>80% (5 points)	61-80% (4 points)	41-60% (3 points)	21-40% (2 points)	<20% (1 point)	Total score
information technology use	15. The font size in the Power Point is not too small. The images / graphs clearly correspond to the subject that is presenting.					/30
	16. Have academic personalities (gestures, eye contact, answering the question) มี						
	17. The time spent in the presentation is appropriate (10 - 15 minutes).						

Name.....Date.....

Total score/85

SPS 163 :SWIMMING Assessment form (Rubic Score)

Department of Sports Science, Srinakharinwirot University

Student Name.....Student ID.....

Skills	Excellent Skill 5 pts	Proficient Skill 4 pts	Developing Skill 3 pts	Needs Improvement 2 pt	No Effort Skill 0 pts = Inc	Score 40 Points
General Skills Back & front float Head Bobbing						
Kick Board						
Front Crawl						
Back Crawl						
Elementary Backstroke						
Treading Water						
Breaststroke						
Butterfly						
Total of 40 Points						

**Feedback and
Comment**

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SPS163: Swimming Skill Assessment Guidelines (Rubric Score)**Department of Sports Science, Srinakharinwirot University**

Skills	Excellent Skill - 5 pts	Proficient Skill 4 pts	Developing Skill 3 pts	Needs Improvement 2 pt	No Effort Skill 0 pts = Inc
General Skills Back & front - float Head Bobbing	<ul style="list-style-type: none"> • A body prone in the water • Head is back and relaxed • Body is relaxed • Head bobbing is rhythmic and no pinching of the nose. 	<ul style="list-style-type: none"> • Body prone in the water • Head is back • Head bobbing is choppy 	<ul style="list-style-type: none"> • Performed with the assistance of a floatation device 	<ul style="list-style-type: none"> • Performed only with physical assistance or partners 	No Effort
Kick Board	<ul style="list-style-type: none"> • A body prone and streamlined Smooth, fluid motion • Fluid flutterkick 	<ul style="list-style-type: none"> • Body prone in the water • Recognizable flutterkick 	<ul style="list-style-type: none"> • Performed with the assistance of a floatation device 	<ul style="list-style-type: none"> • Performed only with physical assistance 	No Effort
Front Crawl	<ul style="list-style-type: none"> • Body prone and streamlined Smooth, fluid motion • Face in the water • Rhythmic breathing • Fluid flutterkick • Elbow out of water first • Arms extend, pull to waist 	<ul style="list-style-type: none"> • Body prone in the water • Face in the water on occasion • Rhythmic breathing • Recognizable arm pull • Recognizable flutterkick 	<ul style="list-style-type: none"> • Unrecognizable swim stroke • Swim stroke is performed with the assistance of a floatation device 	<ul style="list-style-type: none"> • Swim stroke is performed only with physical assistance 	No Effort

PROGRAM BACHELOR OF SCIENCE (SPORTS AND EXERCISE SCIENCE)

Skills	Excellent Skill - 5 pts	Proficient Skill 4 pts	Developing Skill 3 pts	Needs Improvement 2 pt	No Effort Skill 0 pts = Inc
Back Crawl	<ul style="list-style-type: none"> • Body supine and streamlined • Thumb exits water; pinkie enters water • Symmetrical arm rotation • Arm pull within shoulders • Fluid flutterkick • Head is neutral 	<ul style="list-style-type: none"> • Body supine in the water • Thumb exits water, pinkie enters water • Symmetrical armrotation • Recognizable flutterkick 	<ul style="list-style-type: none"> • Unrecognizable swimstroke • Swim stroke is performed with the assistance of a floatation device 	<ul style="list-style-type: none"> • Swim stroke is performed only with physical assistance 	No Effort

Skills	Excellent Skill 5 pts	Proficient Skill 4 pts	Developing Skill 3 pts	Needs Improvement 2 pt	No Effort Skill 0 pts = Init
Elementary Backstroke	<ul style="list-style-type: none"> • Body supine in the water • Arms straight out, pull straight and symmetrical • Recovery hands contact with body • Fluid whip kick • Arms and legs synchronized 	<ul style="list-style-type: none"> • Body supine in the water • Arm pull is proportional • Recovery hands contact with body • recognizable whip kick • Arms and legs synchronized 	<ul style="list-style-type: none"> • Unrecognizable swimstroke • Swim stroke is performed with the assistance of a floatation device 	<ul style="list-style-type: none"> • Swim stroke is performed only with physical assistance 	No Effort
Treading Water	<ul style="list-style-type: none"> • Body is vertical • Able to do 2 out of the three leg kicks • Arms calmly sculling in the water • Swimmer is calm 	<ul style="list-style-type: none"> • Body is upright • Ready to do one type of leg kicks • Recognizable Arms sculling in the water • A little frantic 	<ul style="list-style-type: none"> • Body vertical in the water • Recognizable one type of leg kick • Performed with the assistance of a floatation device 	<ul style="list-style-type: none"> • Performed only with physical assistance • Not able to perform this in the deep end at all 	No Effort
Breaststroke	<ul style="list-style-type: none"> • Body prone and streamlined • Arm pull within shoulders • Symmetrical arm pull/ recovery • Rhythmic breathing • Fluid whip kick • Alternate kick and pull 	<ul style="list-style-type: none"> • Body prone in the water • Recognizable arm pull • Rhythmic breathing • Recognizable whip kick • Alternating kick and pull 	<ul style="list-style-type: none"> • Unrecognizable swimstroke • Swim stroke is performed with the assistance of a floatation device 	<ul style="list-style-type: none"> • Swim stroke is performed only with physical assistance 	No Effort
Butterfly	<ul style="list-style-type: none"> • Body position nearly horizontal in streamline position • Arm above water flat low recovery with slight elbow bend, thumb enters first, with outward sweep at catch, arms extended at finish • No flutter, two beat kick ankle flex with minimal knee flexion • Breathing forward rhythmic breathing each cycle 	<ul style="list-style-type: none"> • Body horizontal to 15 degrees, body aligned w/minimal side to side • Arms Above water recovery, entry at shoulder width with palms facing down and slightly out, arms partially bent at elbows • Kick minimal flutter, knees slightly bent, hips raise as legs extend • Breathing; head lift begins at start of catch; head reenters water after taking breath & hands pull toward waist; minimal delay before recovery 	<ul style="list-style-type: none"> • Body Horizontal to 30 degrees, face in water • Arms; Above water recovery, entry wider than shoulders, straight arm pull ok, short • Arm pull ok bent knees, feet may brake surface, some flutter kick • Arms pull, recover with minimal kick, arms hesitate before recovery 	<ul style="list-style-type: none"> • body moves forward in dolphin like motion • No arms taught yet • simultaneous leg action • not taught yet 	No Effort